



Ginger Citrus Sugar Scrub



1 cup brown sugar

1/4 cup raw sugar

4 tablespoons bicarb soda

1/4 cup oil (I used olive)

10 drops bergamot essential oil

10 drops grapefruit essential oil

4 drops ginger essential oil

Combine all ingredients. Store in airtight jar.

Use a small amount to scrub hands, body or
face.

