



Relaxation Bath Salts

- 3 cups epsom salts
- 3/4 cup coarse salt (I used pink)
- 10 drops lavender essential oil
- 10 drops geranium essential oil
- 5 drops ylang ylang essential oil
- 1 teaspoon dried lavender
- 1 teaspoon dried rose petals
- 1 sprig rosemary

Mix all ingredients except rosemary in a large bowl.
Place rosemary in jar and pour salt mixture over.
Store in airtight jar. Use 1/4 - 1/2 cup per bath.